

#### BRAG SHEET

#### Before You Begin...

#### What is a brag sheet?

A brag sheet is very similar to a student resume – it highlights your accomplishments, experiences, leadership skills, and employment throughout your high school career. Essentially, it's a quick reference guide with all of the details and achievements that can be used as a tool for a recommender who is starting the writing process for your letter of recommendation. You can fill out the template included in the following pages and provide that to your recommenders.



#### Tips for Completing A Brag Sheet

- Think about which teachers know you the best. Who can speak to your interests and abilities?
- Spell out the name(s) of any received Award(s)/Honors and/or participating clubs instead of using acronyms.
- Provide details of achievements and quantify when possible. For example:
  - DON'T WRITE- "'Cal Prep High School Leadership Award' for being a leader in my high school."
  - DO WRITE- "'Cal Prep High School Leadership Award' for assisting teachers at my school with coordinating, planning, and implementing 3 events for 80 students, serving as a mentor to 11th-grade students, and fundraising \$1000 for a college visit. This award is only given to 3 students in my school."
- Include any responsibilities, achievements, or activities outside of school (i.e. at home/in your family, in your community, etc.).



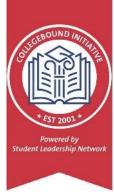


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**NAME:** 

ABOUT ME
List three (3) words you would use to describe yourself, and explain each with a few sentences.
List tillee (3) words you would use to describe yoursell, and explain each with a few sentences.
What adjectives would your teachers use to describe you?
Describe an instance where an article/book/play caused you to change your way of thinking.
What in-school activities do you enjoy the most? Why?
Which high school classes excite you?





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			NAME:					
What is your proudest high school academic accomplishment?								
ACADE	MICS							
Regents	and AP Exan	n Scores (write your highes	st score for each exam i	f taken mor	e than once)			
Algebra:		Second Math:	Living Environment:		Second Science:			
English:		Foreign Language:	US:		Global:			
	Level & Colle rse name(s) h	e <mark>ge Coursework:</mark> If you are nere	taking/have taken any	advanced/A	NP/honors cours	es, write		
If you are now, or have been, in the College Now program at CUNY, write the course(s) and semester(s).								
What is something that people do not know about you that you would love to share?								





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Extra-Curricular Activities							
Dates of involvement	Organization/Team	Position/duties/honors/awards					
(for example: Sept. 2009- Jan. 2012)	(for example: Kennedy Campus Cheerleading Team, NYC Red Cross, etc.)	(for example: Team Leader, Peer Trainer, etc.)					

